

A line drawing of a woman with wavy hair, wearing a wrap, carrying a baby in a front cross carry. The baby is positioned in the center, with the wrap straps crossing over their chest. The woman's hands are on her hips.

BASE

# Front Wrap Cross Carry

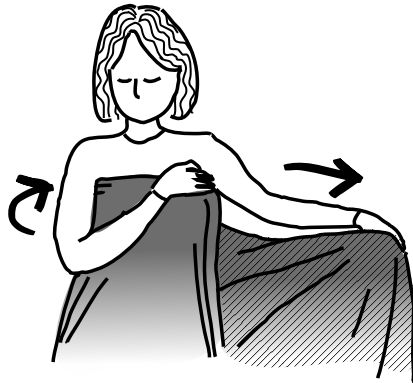
*with optional spread passes*

@paulafermincueto

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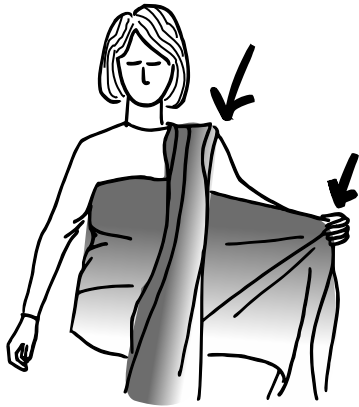
1. Start with the middle marker on your chest.



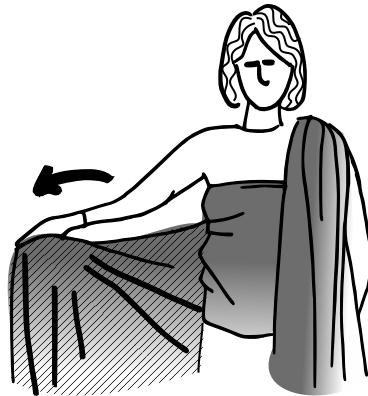
2. Bring the wrap behind you and pin the top rail under your arm. With your other hand, grab the top rail behind you.



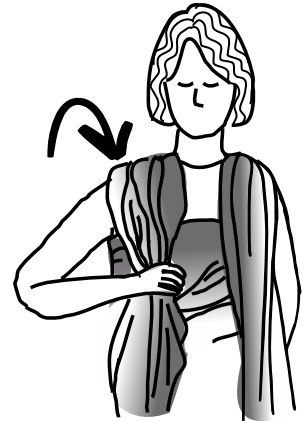
3. Get the wrap over your shoulder without twisting it.



4. Bunch up the tail over your shoulder and grab the top rail on the other side.



5. Pass the top rail to your other hand behind you and bring the wrap across to the front.



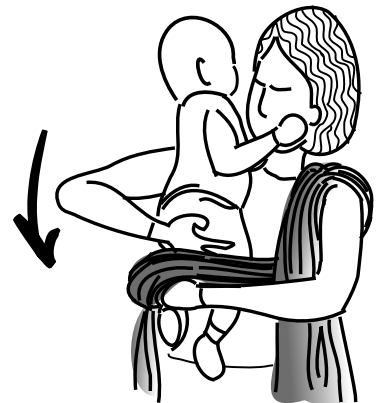
6. Get the wrap over your shoulder like you did in step 3 and gather it up.



7. Adjust the pocket. The bottom rail should have just enough room for baby's legs to go through.



8. Leave enough room for baby in the top third of the pocket.



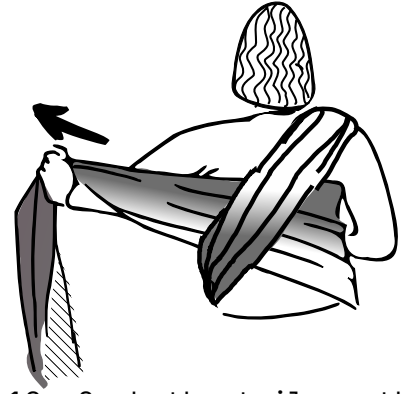
9. Put baby on your shoulder. Support the head with a newborn. Guide their legs through the wrap.



10. Place baby sitting on the fabric, with knees higher than bum and their forehead close enough to kiss.



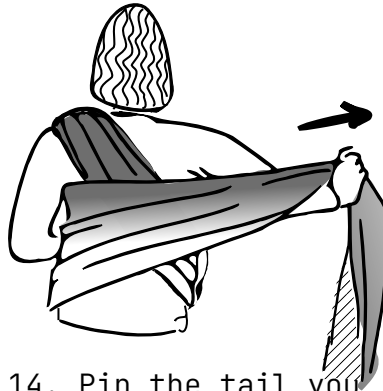
11. Pull up the top rail. The wrap should go up to baby's neck (armpits is okay with a bigger baby). Leave all the bunching at the bottom.



12. Grab the tail on the bottom of the cross on your back. Pull out and back to tighten the pocket.



13. Get the tail back over your shoulder and tighten strand by strand. Start from the top rail and feed each tightened strand to your other hand.



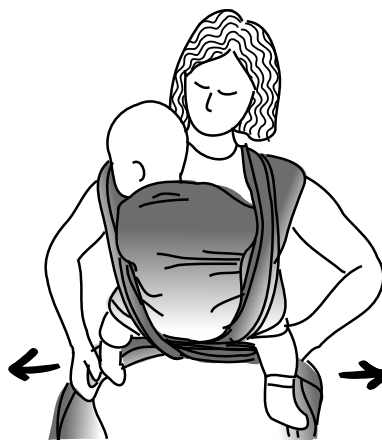
14. Pin the tail you tightened between your knees. Take the outer tail on your back, pull out to tighten and bring over your shoulder.



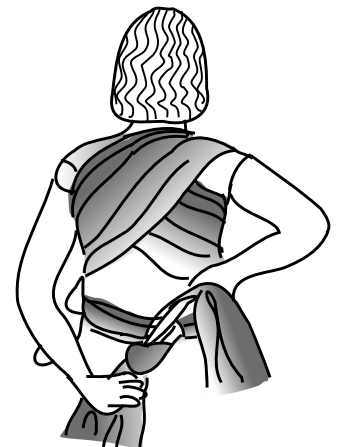
15. Gather both tails under baby's bum with one hand and tighten the other tail strand by strand with your other hand.



16. Cross the tails under baby's bum without losing tension. Make sure they go from knee pit to knee pit.

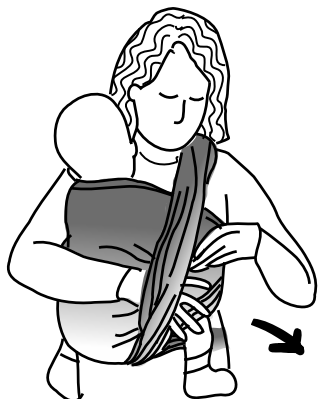


17. Go under baby's legs, then bring the tails behind you.

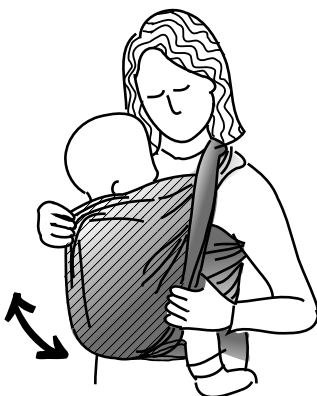


18. Tie a double knot. Spread the wrap on your back for your comfort.

# Optional



19. Reach under the strap that is at the bottom of the cross under baby's bum and grab the bottom rail.



20. Pull up the bottom rail creating a shoulder flip and spread it over baby's back.



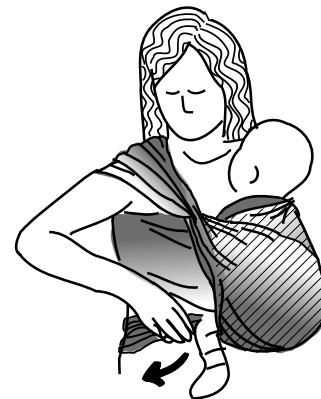
21. Cap the shoulder for your comfort.



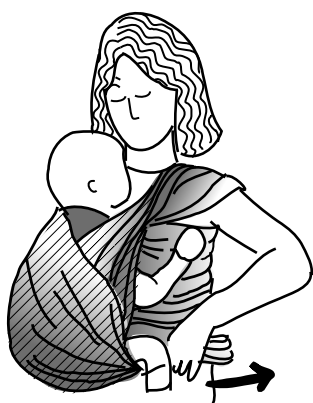
22. Make sure the pass still goes well into baby's knee. Keep all the bunching at the new bottom rail.



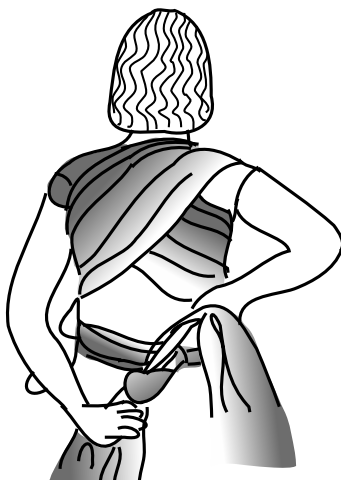
23. Repeat steps 19-22 with the other shoulder strap. Now there will be some slack in the spread passes.



24. Starting with the inner layer, walk the slack in the spread pass under baby's legs and bring it to your back.



25. Repeat with the outer layer: remove all the slack in the spread pass and bring it behind you.



26. Re-do the double knot on your back.



[www.thewrappinggallery.com](http://www.thewrappinggallery.com)



Remember the T.I.C.K.S rules for safe babywearing:



**Tight**



**In view at all times**



**Close enough to kiss**



**Keep chin off chest**



**Supported back**

