



1. Start with the middle marker on your chest.



2. Bring the wrap behind you and pin the top rail under your arm. With your other hand, grab the top rail behind you.



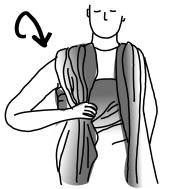
3. Get the wrap over your shoulder without twisting it.



4. Bunch up the tail over your shoulder and grab the top rail on the other side.



5. Pass the top rail to your other hand behind you and bring the wrap across to the front.



6. Get the wrap over your shoulder like you did in step 3 and gather it up.



7.Adjust the pocket. The bottom rail should have just enough room for baby's legs to go through.



8. Leave enough room for baby in the top third of the pocket.



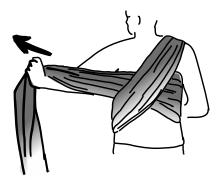
9. Put baby on your shoulder. Support the head with a newborn. Guide their legs through the wrap.



10. Place baby sitting on the fabric, with knees higher than bum and their forehead close enough to kiss.



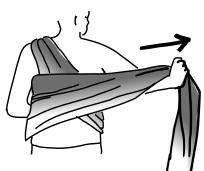
11. Pull up the top rail. The wrap should go up to baby's neck (armpits is okay with a bigger baby). Leave all the bunching at the bottom.



12. Grab the tail on the bottom of the cross on your back. Pull out and back to tighten the pocket.



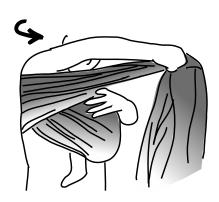
13. Get the tail back over your shoulder and tighten strand by strand. Start from the top rail and feed each tightened strand to your other hand.



14. Pin the tail you tightened between your knees. Take the outer tail on your back, pull out to tighten and bring over your shoulder.



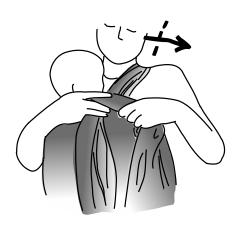
15. Tighten strand by strand.



16. Grab the last tail you tightened and bring it under your arm without losing tension.



17. Keep the tail bunched and bring it across the back of baby's neck.



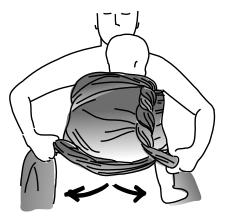
18. Bring the bunched tail over the tail coming from your shoulder.



19. Twist the tails without losing tension.



20. Keep twisting all the way down until you reach baby's bum.



21. Hold one tail in each hand and go over baby's legs.



22. Bring the tails to your back and tie a double knot.

